



## Understanding Project Management

### Course Description

Understanding Project Management (UPM) is an integrated Web-based learning tool that helps project managers, team members, and other stakeholders understand the five process groups of best practice project management. The course can be taken as pre-work to help users prepare for more advanced workshops or as a standalone project management primer to better understand fundamental project management. It can also be used as an ongoing reference tool to reinforce concepts and prior learning. The learner population for UPM is beginning professional project managers, part time project managers, and team members.



PMP is a registered mark of the Project Management Institute, Inc.

Course content is presented through a 39 question pre-assessment, audio, graphics, screen text, animation, and a final simulation that tests user knowledge. On average, the course takes 4 hours to complete. UPM is certified by the Project Management Institute (PMI) and qualifies the participant to earn 4 Professional Development Units (PDUs) upon successful completion.

## Learning Objectives

Users that successfully complete the course will be able to:

- Apply the basic tasks of the 5 process groups, Initiating, Planning, Executing, Monitoring & Controlling, and Closing
- Integrate the Five Laws of Project Success to project engagements
- Implement the core team concept to increase the probability of project success
- Develop a project goal statement that is Specific, Measurable, and Time Based
- Analyze benefits rather than features to determine project requirements
- Apply the fundamentals of risk management as a core process to help manage the inherent uncertainty of projects
- Focus on best practices to avoid common mistakes that are often made when projects fall behind schedule
- Understand and begin to apply the critical path calculation to better manage a project schedule
- Be able to conduct a project review

## Outcomes

Increased ability to lead and follow project management processes resulting in:

- Better project team goal alignment and agreement on more realistic project deadlines and budgets
- A common project management terminology allowing for cross functional project teams to speak the same language
- More effective planning to mobilize project teams and stakeholders
- Consistent application of the triple constraint theory resulting in greater profitability

## About BTS

BTS focuses on the people side of strategy, working with leaders at all levels to help them make better decisions, convert those decisions to actions and deliver results. At our core, we believe people learn best by doing. For 30 years, we've been designing fun, powerful experiences™ that have profound and lasting impact on people and their careers. We inspire new ways of thinking, build critical capabilities and unleash business success. It's strategy made personal.

For more information, please visit [www.bts.com](http://www.bts.com).



PMP is a registered mark of the Project Management Institute, Inc.